



vara kamin's
IMPRESSIONS OF LIGHT,® INC.

Summary of Use

VARA KAMIN IMAGES (VKI) CREATES MEMORABLE EXPERIENCES

- Vara Kamin specializes in creating works of art that **unlock the body's natural healing, soothing, and self-nurturing capabilities.**
- Rich in color, movement, and texture, Kamin's paintings **provide a positive point of focus** while **stimulating active imagination** and inviting the viewer to a place of self reflection.
- Vara Kamin Images (VKI) for replication have been selected from over 100 original works of art by Vara Kamin that have been placed throughout the U.S. in both public and private settings.



**Cook Children's Medical Center
Meditation Chapel**
Fort Worth, TX

Sacred Passages - Balance®



“Creating the potential for a **passageway** for the innate healing capacity of the body to follow, Vara Kamin’s art provides a **bridge** into the realm of active **imagination** while inviting the body to engage the **relaxation** response.”

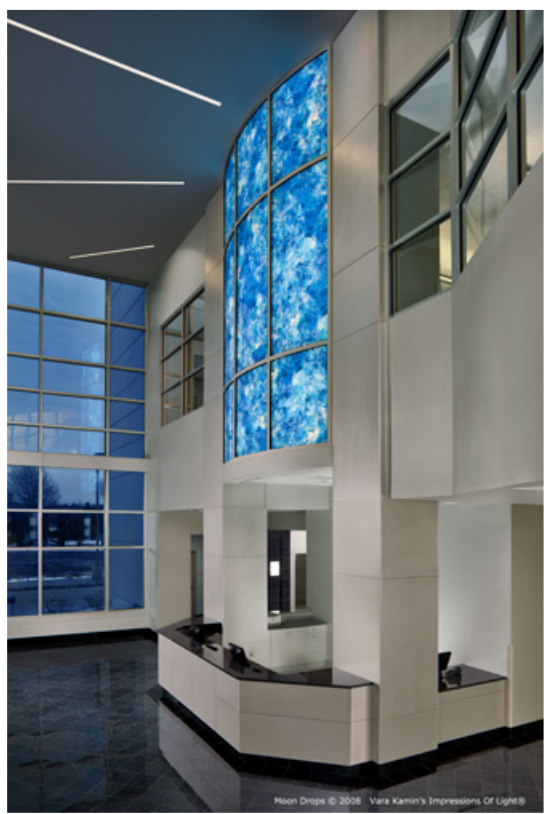
Joan Borysenko, Ph.D., President

Mind-Body Health Sciences, Inc.
Boulder, CO



**The Children's Hospital of Philadelphia
MRI Suite**
Philadelphia, PA

Sacred Passages - Equanimity®



**Lake Erie College of Osteopathic Medicine
Wellness Center - Interior View**
Erie, PA

To read full case study, [click here.](#)



**Lake Erie College of Osteopathic Medicine
Wellness Center - Exterior View**
Erie, PA

“Kamin’s paintings **generate curiosity and discovery; there also is harmony that soothes and relaxes.** These characteristics separate Kamin’s work from the chaotic abstract art that Ulrich and Gilpin (2003) classify as generating negative responses in patients. There are additional research studies (Goldstein, 1980), that assist in explaining the ability of Kamin’s work to **promote positive responses:** exposure to aesthetically pleasing stimuli can result in the release of endorphins, which **help the body relax and enhance mood.**”

HERD. Vol. 4 No. 3 Spring 2011
Health Environments Research and Design Journal

Dr. Judy Rollins, PhD, RN
Georgetown University School of Medicine



The Children's Hospital of Philadelphia Sedation Unit

Philadelphia, PA

"As a child-life specialist, I use the VKI Images as a tool to help stimulate imagination and redirect the patient's attention; helping to provide them with a sense of control in what is perceived to be a very scary environment".

Melanie Hoynoski, CCLS, CTRS, Child Life Specialist, Radiology

The Children's Hospital of Philadelphia
Philadelphia, PA

“[We selected] Ms. Kamin’s work for its **distinct beauty and ability to transport patients and families...to a less stressful and anxious place** during their ED procedure/visit. Our patients, families and staff have thoroughly enjoyed these backlit abstract **masterful works that take them away from a stressful or anxious place.**”

Cheryl Stiles, Director

Patient Care Services, Emergency Services
Children’s Hospital Anschutz Emergency Department

“Crossing the bridge from decorative art to healing art, Vara Kamin’s Images are **powerful, therapeutic tools that move the human body into a healing state** of equilibrium, harmony and balance.”

Mary Rockwood Lane, RN, Ph.D., Co-Founder

Arts in Medicine Program
University of Florida
Gainesville, FL



King Technology, Inc.
Quiet Room
Hopkins, MN

Inspired by the colors of the fall season, Soul's Eyes reflects an embodied state of reflection and introspection. Much like the green leaves of summer that surrender their innocence to the seasonal transition of fall,

Soul's Eyes® provides an inner path to follow and a subtle invitation toward self awareness and change.



**William E. Kahlert Regional Cancer Center
Radiology Suite**

Westminster, MD

In the deep dark of the night, when time seems to stand still and hope feels drained from one's being; there is a moment, just before dawn, when the potential for hope is renewed. It is with the flicker of first light, at the opening of a new day, that the painting **Infinite Moments®** was inspired.

The essence of the painting invites all of one's being to be rekindled, replenished and restored.

To read full case study, [click here.](#)

“Influenced by the science and practice of integrative medicine, we have taken the art of creative self-expression to an extended state of use. Mindfulness and stillness connect each of us with the healing, nurturing energy from within; VKI Images provide an empowering shift in energy helping individuals connect to that inner peace and synergy that we all embody.”



Vara Kamin, Artist/President

Vara Kamin's Impressions of Light,® Inc.

For Vara Kamin's bio, [click here.](#)



PLEASE CONTACT US FOR ADDITIONAL INFORMATION AND THE FULL VKI PORTFOLIO OF IMAGES:

For VKI case studies, client listings and testimonials please refer to:
www.varakamin.com | (612) 920-0105